

MINISTERING TO THE SICK AND HOUSEBOUND

We are seeking volunteers to bring Holy Communion to our sick and housebound parishioners on a regular basis. Training will be given and ongoing support will be available. So if you feel that you might like to be part of this ministry and would like more information, please contact:

Patricia Kernaghan, mobile number 07876395480 or
Claire Dowds, mobile number 07766934246.

CHILDREN'S LITURGY takes place in the parish hall on **Sundays** at **9.30am** Mass, for children from age 3 to 11 years. **Please consider offering to help** with this ministry, even on a rota basis. Please contact Noeleen : 07879 498131. A new **Children's Choir** will sing at 9.30am Mass, age from 3 years. Please speak to Meghan or Bruce (the musicians) after Mass any Sunday, to

YOGA

Have you ever wanted to try Yoga but have been too nervous to give it a go? Local parishioner Andrea Trainor is running classes **every Tuesday from 7pm—8pm** for £9 per class. Andrea's approach is to bring yoga to everyone as we can all benefit from it. Yoga really works to help improve and maintain physical and mental wellbeing. You do not need to have done any yoga before nor do you need to be flexible!! Please contact Andrea for more details and to book your place 07786 320554 / goandrea909@gmail.com .

PARISH RECORDS

Please help us to keep the parish records current by registering your details as a parishioner and / or updating us when you have a change of address or contact number. You may do this by— emailing the parish: stcolmcilles@downandconnor.org or dropping a note into the bulletin box in the church foyer. Many thanks !

Join in praying for **VOCATIONS** in our Parish and Diocese at the **ADORATION HOLY HOUR** on **THIS TUESDAY** at **6.00pm**

BULLETIN: Please submit notes for the parish bulletin **NO LATER than Wednesday 25th October** by dropping a note into the Bulletin Box in church or sending an email: stcolmcilles@downandconnor.org



PARISH OF ST COLMCILLE

BALLYHACKAMORE

22nd October 2023

Twenty Ninth Sunday in Ordinary Time

WORLD MISSION SUNDAY

Very Rev Conor McGrath PP, Director of Vocations

Phone - 02890 654157

Website: www.st-colmcilles.net

Email: stcolmcilles@downandconnor.org

Facebook: www.facebook.com/stcolmcilleschurch

READINGS: Sunday Cycle A; Weekday Cycle 1; Psalter Week 1

ADORATION

Tuesday: 6.00pm—7.00pm

MASS

Saturday : 5.30pm,

Sunday : 9.30am & 11.30am.

Tuesday : 7.00pm,

Wednesday, Thursday & Friday: 9.30am

CONFESSION

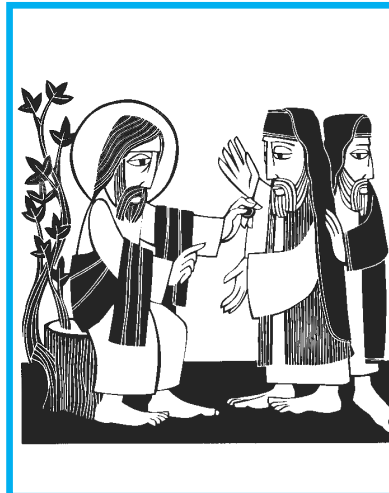
Tuesday : 6.00pm to 6.45pm

Saturday : 5.00pm

**Morning and Evening
PRAYER OF THE CHURCH**

Monday & Friday 9.15am

Wednesday 7.00pm



Missal Page No: 673

Response to the Psalm: Give the Lord glory and power.

Night Vigil Adoration—Friday the 27th of October

Anointing Fire Catholic Ministries invite you their *Night Vigil Adoration* in St Colmcille's.

- 7pm-8pm: Prayers for Priests and vocations
- 8pm -9pm: Praise, adoration and preaching
- 9pm—9.30pm: Benediction and healing prayers (led by Fr Conor McGrath and Br Colin McGurnaghan)
- 9.30pm—Midnight: Silent adoration.

Confessions and one to one prayers are available.

“Arise, cry out in the night at the beginning of the watches! Pour out your heart like water before the presence of the Lord.” (Lam 2:19)

DECEASED: We pray for the repose of the soul of all those who have died recently, especially those whose anniversaries occur at this time of year, especially: Eileen Caldwell, Mary McCaffery, Geraldine McCormick, Paddy Rogan, Gerard Rogan

BEREAVEMENT SUPPORT- Tel: 074 5698 9458

LYNERGY - Flexibility with Lynne

My name is Lynne and for 14 years I have been a Personal Trainer and Fitness Instructor. I teach class for people **over 55** in mobility and flexibility. Marvellous things happen when you consistently train your body to stay active and mobile. There are less falls, injuries and weakness in joints, and a much greater chance of a better quality of life as we get older! My class runs for **40 minutes** and is accompanied by the kind of music you grew up with. Tunes from the 60s, 70s, and 80s. The class caters for all abilities and may be done sitting on a chair in class, or standing. We have fun, a laugh, fitness, and enjoy the company of friends as well as making new friends. It's a win-win !!

There is a **light lunch provided** in the Iona Room for all after each session. Classes takes place on **Wednesdays at 12.00noon and are £5 per person**—this includes the exercise activity and lunch. We look forward to meeting everyone— just turn up on the day. You are also welcome—simply to turn up for lunch.

IRISH DANCING

Irish Dancing classes available in the Parochial hall under the instruction of Meghann and Aimee Lavery. Beginners—Wednesday @ 5pm. Contact 07835695485 for more information.

ST COLMCILLE'S PARENT & TODDLER GROUP provides an opportunity for anyone caring for a child from 0 to 4 years to come along with the child and enjoy company, snacks and play. We meet on **Wednesdays at 10am**.

If you haven't been before, it's a great way to make new friends. All mums, dads, grandparents, childminders and carers welcome, with their children.

BOWLS CLUB

The Parish has an excellent Indoor bowling club and enjoy great facilities. We meet **every Thursday evening at 7.15 pm** for a game of bowls and supper. New members are very welcome! If you would like to join, come along and see if bowls are for you. No gear is needed as the club has spare bowls to start you off. For further information call Peter on 07582 851946 or Deirdre on 07479 329938

LETS CELEBRATE MISSION SUNDAY!

What is World Mission Sunday?

World Mission Sunday is the Holy Father's annual appeal to support overseas mission and missionaries. It takes place in every single parish worldwide where the Church is present. In Ireland, Missio Ireland is tasked with organising the Mission Sunday collection. Missio Ireland is the Pope's official charity for overseas mission.

Why is it so important?

All offerings made on behalf of World Mission Sunday become part of the Holy Father's Universal Solidarity Fund. This Fund supports missionary activities in over 1,100 young dioceses; mostly in Africa, Asia, and Latin America. As young dioceses grow, so do their needs. On top of this, they are often found in remote areas devastated by conflict or natural disasters. The Universal Solidarity Fund provides aid so that missionaries can continue to go to these places to share the love of God.

What does it support?

The needs of young dioceses vary, anything from a motorbike so a priest can celebrate Mass in a remote village, to a community hall so local people can gather in safety, or more urgently, vaccinations and medicines so that parish dispensaries can protect vulnerable children. In essence it:

- provides basic infrastructure by helping communities to build schools, clinics, parish halls and churches.
- prepares the future leaders and carers of the Church by supporting the training of sisters, priests, brothers and catechists
- supports missionary programmes to care for children's spiritual and physical wellbeing by offering safe shelter, healthcare, education and hope for the future.

What is the theme for World Mission Sunday?

For Mission Sunday 2023, Pope Francis has chosen the theme inspired by the story of the disciples on the road to Emmaus in the Gospel of St Luke (Lk 24:13-35 "Hearts on Fire, Feet on the Move").

MONEY MATTERS

Weekly collection : **£1021.52**. The collection for **World Mission Sunday** will be taken up at all masses *this* weekend.