

OUR LADY'S ANNUAL ROSARY FESTIVAL

The Festival concludes this Sunday 8th October, with the 20th **Rosary Procession** from St John's to St Peter's Cathedral, commencing at **2.30pm**. A shuttle bus is available to transport people from St Peter's to St John's from 12.30pm to 2.15pm. before the procession.

ALPHA

Recent Alpha guests are invited to gather again for our monthly 'big group' reunion on **THIS Wednesday 11th October at 8.00pm** in the parish hall. If you haven't been for a while, or haven't managed to attend a post Alpha Home Group yet, you are particularly welcome!

LAUDATO SI—THANK YOU

The parish Laudato Si group would like to thank the parishioners who turned out to help tidy the Church garden and grounds last weekend. Together we made great progress. We will continue work in the garden on **Tuesday mornings between 11am and 1pm** (weather permitting) during October. Anyone who would like to join us is more than welcome. Please bring gloves and wear appropriate footwear.

YOGA

Have you ever wanted to try Yoga but have been too nervous to give it a go? Local parishioner Andrea Trainor is running classes **every Tuesday from 7pm—8pm** for £9 per class. Andrea's approach is to bring yoga to everyone as we can all benefit from it. Yoga really works to help improve and maintain physical and mental wellbeing. You do not need to have done any yoga before nor do you need to be flexible!! Please contact Andrea for more details and to book you place 07786 320554 /

PARISH RECORDS

Please help us to keep the parish records current by registering your details as a parishioner and / or updating us when you have a change of address or contact number. You may do this by— emailing the parish: stcolmcilles@downandconnor.org or dropping a note into the bulletin box in the church foyer. Many thanks !

BULLETIN: Please submit notes for the parish bulletin **NO LATER than Wednesday 11th October** by dropping a note into the Bulletin Box in church or sending an email: stcolmcilles@downandconnor.org



PARISH OF ST COLMCILLE

BALLYHACKAMORE

8th October 2023

Twenty Seventh Sunday in Ordinary Time

Very Rev Conor McGrath PP, Director of Vocations

Phone - 02890 654157

Website: www.st-colmcilles.net

Email: stcolmcilles@downandconnor.org

Facebook: www.facebook.com/stcolmcilleschurch

READINGS: Sunday Cycle A; Weekday Cycle 1; Psalter Week 3

ADORATION

Tuesday: 6.00pm—7.00pm

MASS

Saturday : 5.30pm,

Sunday : 9.30am & 11.30am.

Tuesday : 7.00pm,

Wednesday, Thursday & Friday: 9.30am

CONFESSION

Tuesday : 6.00pm to 6.45pm

Saturday : 5.00pm

**Morning and Evening
PRAYER OF THE CHURCH**

Monday & Friday 9.15am

Wednesday 7.00pm

*There is no need for
you to worry: but if
there is anything
you need, pray for
it, asking God for it
with prayer and
thanksgiving.'*

Philippians 4:6

Missal Page No: 663

Response to the Psalm: The vineyard of the Lord is the House of Israel

Mission Sunday Celebrations

During October every year we celebrate Mission Sunday. For 2023, Pope Francis has chosen the theme inspired by the story of the disciples on the road to Emmaus in the Gospel of St Luke 24:13-35 Hearts on Fire, Feet on the Move". **Mission Sunday celebrates the Church throughout the word**, across every country and continent. This year in our parish, we would like to create a display of the rich diversity of culture, tradition, food etc that is in St Colmcilles during the coffee morning on **Sunday 22nd October**. We would love as many cultures and countries to be involved so that as a parish family we can share the full beauty of God's family, the Church. Please speak to Fr Conor or Noleen after Masses or email the parish office this week or next to make arrangements.

DECEASED: We pray for the repose of the soul of all those who have died recently, especially **Emma Murphy** a former parishioner. We also remember all those whose anniversaries occur at this time of year, especially: **Liam Hughes, Jecinta Lasrado and Pascal Lasrado**

BEREAVEMENT SUPPORT– Tel: 074 5698 9458

MINISTERING TO THE SICK AND HOUSEBOUND

We are seeking volunteers to bring Holy Communion to our sick and housebound parishioners on a regular basis. Training will be given and ongoing support will be available. So if you feel that you might like to be part of this ministry and would like more information, please contact:

Patricia Kernaghan, mobile number 07876395480 or
Claire Dowds, mobile number 07766934246.

LYNERGY - Flexibility with Lynne

My name is Lynne and for 14 years I have been a Personal Trainer and Fitness Instructor. I teach class for people **over 55** in mobility and flexibility. Marvellous things happen when you consistently train your body to stay active and mobile. There are less falls, injuries and weakness in joints, and a much greater chance of a better quality of life as we get older! My class runs for **40 minutes** and is accompanied by the kind of music you grew up with. Tunes from the 60s, 70s, and 80s. The class caters for all abilities and may be done sitting on a chair in class, or standing. We have fun, a laugh, fitness, and enjoy the company of friends as well as making new friends. It's a win-win !!

There is a **light lunch provided** in the Iona Room for all after each session. Class will begin on **next Wednesday 18th October at 12.00noon**. This is the **Taster Class** and is **Free**, followed by a **light lunch** !

Following this free Taster Session there is a charge of **£5** per person on subsequent Wednesdays—this includes the exercise activity and lunch.

We look forward to meeting everyone— just turn up on the day.

You are also welcome—simply to turn up for lunch.

BOWLS CLUB

The Parish has an excellent Indoor bowling club and enjoy great facilities. We meet **every Thursday evening at 7.15 pm** for a game of bowls and supper. New members are very welcome! If you would like to join, come along and see if bowls are for you. No gear is needed as the club has spare bowls to start you off. For further information call Peter on 07582 851946 or Deirdre on 07479 329938

Join in praying for **VOCATIONS** in our Parish and Diocese at the **ADORATION HOLY HOUR on THIS TUESDAY at 6.00pm**

Join us for a night of enchanting melodies and harmonious celebration as we mark the **40th ANNIVERSARY OF THE ST. COLMCILLES PARISH CHOIR** on **next Friday 13th October, at 7:30pm** in the church. Refreshments provided.

Prepare to be captivated by a symphony of voices as _____ the choir harmonizes with:

- * St Joseph's Primary School
- * Contact Singers (Gilnahirk Presbyterian)
- * Fr. Martin O'Hagan from The Priests



Please scan the QR code to register your interest in attending.

This is your chance to experience the magic of music that transcends boundaries. With an eclectic blend of chorale and secular melodies, we promise an unforgettable evening that will lift your spirits and leave you humming along.

Best of all, **admission** is absolutely **FREE**, and everyone is wholeheartedly welcomed. To add a touch of elegance to the night, we'll be serving **light refreshments during the intermission**.

Your presence matters to us! While **walk-ins are more than welcome, a quick RSVP via email, call, or text would greatly assist us** in arranging a wonderful evening.

And if you feel inclined, your generous donations will support the St. Colmcilles Parish, contributing to the warmth and vitality of our community.

Mark your calendar, invite your friends and family, and let the power of music weave its spell on this special night. We can't wait to share the melodies and memories with you!

- * See you there !
- * Feel the Rhythm, Join Our Beat!

Are you the kind who taps their foot to a beat or imagines groovy basslines in your mind? We're on the lookout for talented individuals like you to complete our musical ensemble at the St Colmcille's Parish Choir! We need a Drummer and a Bass player for the 13/10/23

Curious to Learn More?

If you're ready to make rhythms and melodies come alive, reach out to Colin at 07802854749